PURPOSE
The Health and Physical Education program at KEPS provides students with knowledge, skills and behaviours that enable them to develop and maintain their physical, mental, social and emotional health.

POLICY GUIDELINES
- The Physical Education curriculum focuses on providing a fun and inclusive environment that encourages students to develop their fundamental motor skills and fitness. By doing this they will begin to understand the importance of a healthy lifestyle and physical activity in later life.
- The Physical Education curriculum at Kew East Primary School is based on Victorian Essential Learning Standards (VELS) in particular ‘Movement and Physical Activity’, with a focus on development of Fundamental Motor Skills, fitness and complex motor skills as well as fostering and developing a positive attitude toward living a healthy lifestyle.
- Students are encouraged to regularly engage in periods of moderate to vigorous physical activity. They participate in physical activities for the purpose of improving skills and health.
- Throughout all levels of the school students will learn and build on their sportsmanship and teamwork skills by working in groups and teams to achieve varying goals.
- Through physical activity students understand the contribution rules and procedures make to safe conduct of games and activities. They work with others to achieve goals in both cooperative and competitive sporting and games’ situations.

PROGRAM IMPLEMENTATION
- All students shall participate in one 50 minute Physical Education lesson per week.
- Students in Levels one and two will learn and develop their Fundamental Motor Skills with different games and activities including being given the opportunity to create their own games and work in teams of different sizes.
- During Levels 3 and 4 students will focus on sports, breaking down the skills within those sports. Throughout a focus sport students will participate in modified games that allow them to develop these skills. Students will work in teams of varying sizes and with students of different abilities.
- Students will be continuously monitored and assessed on their Fundamental Motor Skills, fitness and their participation levels through reports. At times students will complete self and peer assessment tasks, this is strongly linked with the VELS Thinking Domain.
- Perceptual Motor Program – Level 1 students participate in the program that is designed to develop body and spatial awareness as well as visual and spatial skills through movement tasks.
- Aquatic Safety Program – Level 1 and 2 students participate in a 10 lesson program in an effort to improve their aquatic safety knowledge and develop aquatic skills.
- Platoon – Level 2 and 3 participate in one extra physical education session each week that extends on their learning from the unit of work being taught during Physical Education classes.
- Modified program put in place for individual students needs, according to their capabilities e.g. Program for students with Disabilities (PSD)
- Athletics – students learn and practice the main athletic events in lead up to the KEPS Athletics Day.
- Students in Level 4 for will be given the opportunity to participate in extra interschool sport such as HoopTime, Kanga 8’s, District athletics, District Swimming and coach approach. At times Level 1 -3 students will be involved depending on the event.
- Cross Country – Level 2, 3 and 4 students practice and then participate in the KEPS Cross Country.
- Interschool sports – Level 4 students participate in a round robin fixture and Gala day in a chosen sport against schools from our district.
- Parents will be informed of the curriculum and interschool sport through level booklets, newsletter updates and sports reports at assembly.
- Parent assistance will often be required for these events and communication with parents will be through newsletters and permission notes.
- Modified program put in place for individual students needs, according to their capabilities e.g. Program for students with Disabilities (PSD)

EVALUATION
- This policy will be reviewed on a cyclical basis in accordance with the School Council Policy review schedule or if required earlier at the discretion of the School Council.

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<tr>
<th>Policy Area:</th>
<th>Ratified School Council:</th>
<th>Next Review:</th>
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<tbody>
<tr>
<td>Teaching &amp; Learning</td>
<td>November 2010</td>
<td>2014</td>
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